



Guided meditation via self-study of the Training Manual followed by a Question/Answer exchange with the Lightarian Reiki Teacher by one on one, telephone or via E-mail

Empowerment Ray

Inspired by Ascension Master Maitreya, the Empowerment Ray is the starting point for the spiritual awakening process and serves as prerequisite for receiving the other Rays. The Empowerment Ray stimulates a dramatic "spiritual wake-up call" of the highest order...triggering waves of energetic acceleration and vibrational change.

Clearing Ray

Created by Ascended Master El Morya, the Clearing Ray launches a gentle, yet effective "etheric deep cleaning"...stripping away all of your adverse soul programming, inappropriate belief structures and undesired mental and emotional patterns.

Level 1 – Path Clearing

In our etheric fields, each of us carries an extraordinarily complex interwoven "fabric" of limiting soul-level programs, restrictive belief structures and their associated adverse mental, emotional and etheric-physical stored energies which defines the boundaries and obstacles for our incarnational experience here. These boundaries and obstacles frame in and provide the limiting structure for the challenging life scenarios that we want to experience...all those rich and colorful adverse and challenging experiences needed, at some level, for our learning and growth!

Via the Clearings, your Higher Self, in collaboration with Ascended Master El Morya, launches the releasing process for this interwoven fabric of limiting programs, restrictive belief structures and their associated adverse stored energies!

To better understand this "fabric," imagine that each of us carries complex tangle of energetic "threads" sourced by adverse soul-programming in the higher chakras. View yourself as an amazingly complex "bio-computer," and imagine how this adverse etheric programming generates these "threads" which then extend vibrationally downward into your lower energy fields. These adverse patterns create the inappropriate, restrictive and debilitating responses in our lives that limit us and hold us back from realizing our true divine potential. These higher vibrational adverse energies are cleared, progressively deeper layers of lower etheric energies can be accessed...ultimately leading to the releasing of deeply stored etheric patterns within your mental planes, emotional body and physical-etheric body.

Level 2 – Birth Pattern Removal

When the fetus emerges from the womb, it carries along with it the four lower subtle bodies and the beginnings of four mini-chakras (energy centers). These etheric energy fields bring forward into the new life a variety of strong, deeply ingrained patterns, both of a "positive" and an "adverse" nature. The dominant source for these patterns has been etheric "imprinting" from the parents and any significant environmental impacts and influences during the pregnancy.

Typically, a two day period elapses between the birthing of the newborn and the final merging of the soul energies with its newborn physical body. This merging or infusion anchors in the Soul, Oversoul and Higher Self energies for the incarnation, establishing the network of chakras and subtle bodies that we call the "Lineage back to Source." This

infusion of soul energies creates the “not-too-easily-reversed” process of establishing a human consciousness into the newborn, which already has a “story” of its own based on the etheric and physical patterns developed in the womb! Over time, the energy fields mix and merge and life unfolds.

Adverse residues of these earliest of birth-patterns remain in the individual’s lower vibrational fields and are removed as the Clearing work continues behind the scenes.

Level 3 - Template Clearing

The etheric “body double” in the Etheric Template appears as a “direct-image” of the physical structure itself. These matching etheric and physical energies are direct reflections of each other and, in a sense, they source and influence each other.

Adverse etheric impacts eventually stimulate patterns of distortion in the Etheric Template, which set the stage for the physical body to ultimately rearrange itself...thereby producing what we would call stress, debilitation, discomfort and dis-ease. As the clearing of the “upper” and “mid-level” adverse etheric energies is accomplished, respectively, patterns of residual “lower” adverse energies within the Etheric Template become available for clearing. The process of a more complete healing of the physical body can be launched when the residues of the accumulated adverse patterns within the Etheric Template, the “body-double,” are effectively removed.

Level 4 – Attachment Removal

Various forms of adverse energies have been given a variety of names such as etheric links, cords or connections, psychic attack lines, etheric attachments, implants, etheric devices, etc. With the general clearing of the fields and the releasing of coarser attachments, the first three types of work have already peeled away layer upon layer of adverse energies, very much like the old “layers of the onion” metaphor! After this degree of clearing has been accomplished, your Higher Self and El Morya take on the job of “mop up work” regarding attachments and are also able to access on even deeper level of energies to be cleared...a finer, more subtle layer of thread-like etheric “attachment energies.” Often in the form of very light, wispy etheric threads, these subtle attachments appear to spread out from the outermost boundaries of each of our subtle bodies, linking and attaching themselves to individuals and objects and to various external physical and etheric patterns and forms that we have interacted with over the years.

Your experience of life will shift from being dominated by “unconscious patterns of behavior, response and addiction” over to consciously making and retaining “choiceful connections!” As you shift away from operating out of your “unconscious attachments,” you begin to experience being “at choice” within your life. To perhaps further clarify this point, simply imagine functioning in life with an ever-increasing sense of objectivity, accurate assessment, clearer intention and purposefully “choosing” as you move along your life path. In this space of “freedom to choose,” you’ll begin to see a shift in your decision-making...a shift to making more appropriate choices...choices that magically seem to align you more closely with your Higher Self energies. You’ll discover that life can be more graceful and purposeful in your work and your play!

The transition from a life of “attachments” to a life of “choiceful connections” is one of the fundamental results of the Lightarian Clearing work.

Level 5 – Lineage Clearing

Some undesired energetic conditions are simply the result of mis-alignments or out-of-balances between energies that are perfectly fine! So, in these cases, there is nothing to be cleared or removed -- only the need for a re-alignment process.

The effects of mis-alignments and imbalances on the well-being of the individual can be quite complex. In an attempt to create some conscious understanding, we’ve learned that these adverse impacts can best be described in

terms of “adverse belief structures.” So, imagine that at levels within your “connection back to Source,” imbalances are created when a given layer of your consciousness holds an “adverse belief” about itself. Perhaps, a layer of Soul experiences a sense of “I’m not lovable!” or a layer of Oversoul operates with the belief of “I’ve been abandoned by Spirit!” or perhaps a layer of Higher Self carries the belief that “I’m not worthy!” The cumulative effects of these subtle adverse belief structures will perhaps color, shade and distort the experiences within your spiritual lineage and create mis-alignments.

What happens as these lineage imbalances are removed? As adjustments take place based on the Clearing work, these apparent adverse belief structure energies are dissolved. As the imbalances are removed in this process, a greater sense of alignment among your levels of Self is realized and your sense of becoming “more One” with Source is accelerated!

Level 6 - Veil Removal

Finally, we turn to the most advanced level of clearing work...the releasing of veil energies! Imagine that at levels within your energies, distortions and imbalances are created because a particular point of your conscious awareness holds an “adverse belief” about the Self and/or the life experience that it is witnessing. Perhaps, a point of Soul consciousness carries a “point of view” of “I’m not lovable!” or a point of Oversoul consciousness operates with the belief of “I’ve been abandoned by Spirit!” or perhaps a point of Higher Self consciousness carries the belief that “I’m not worthy!” The cumulative effects of these subtle adverse belief structures will “color, shade and distort the experience of the Being.” As the veils are removed, a greater ability to witness more clearly begins to manifest within all of your levels of Self and, again, your sense of becoming “more One” with Source is accelerated!

Activation Ray

Inspired by Ascended Master Sananda, the Activation Ray energetically activates your latent etheric coding and triggers powerful, ongoing spiritual initiations...allowing more of your Higher Self energies to flow into your day-to-day life.

Healing Ray

Sourced by Ascended Master Buddha, the Healing Ray initiates a powerful process of holistic self-healing... returning you to a state of balance and alignment.

Manifestation Ray

Sourced by Ascended Master St. Germain, the Manifestation Ray expands your capacity for manifesting on all levels...opening you to attract spiritual, mental, emotional and physical abundance... all to serve your highest purpose!

Regarding the progression of spiritual development stimulated by the Rays, here is our Lightarian perspective...

Self-empowerment is the starting point for the spiritual awakening process,

Then, the clearer you become, the more effectively you can heal,

The more you clear and heal, then the greater can be your rate of personal energetic activations,

All leading to a greater ability for you to manifest a higher level of Light in your day-to-day life!

Over time, the background energy work set in motion by these five Ray attunements cumulatively creates an ongoing, long-term program for dramatic change in your life...with the five Masters serving as your spiritual guides...all in complete collaboration with your Higher Self energies.

How does the Lightarian Ray Program fit into the overall process of global, human transformation that is taking place at this time?

As individuals move along their spiritual paths, the five essential aspects of personal energetic development (as described above) will be taking place. With varying intensity and varying pace, these areas of personal growth are unfolding within all of us. As we experience our learning and growth lessons in life, movement in these fundamental areas occurs quite naturally!

However, given that a divine plan for human, global transformation is dramatically impacting on our personal processes, many of us feel that our preparation work must be stimulated and enhanced beyond the natural unfolding that may be taking place. For some of us, there is even a growing sense of urgency to accelerate this process, in order to more quickly and properly prepare for spiritual service during the coming times. For those who find themselves on a "fast track" for spiritual development, their progression of self-empowerment, clearing, healing, activation and manifestation can be enhanced by support from the five Masters via the Lightarian Ray.

Lightarian Source Ray

Beyond the first five Lightarian Rays, the Institute offers an advanced, ascension-focused attunement called the Source Ray...a connection with the energies of our Universal Source. The first five Rays (with their focus on stimulating spiritual processing) serve as an "energetic platform" and prerequisite for the Source Ray, which creates a dramatic leap to a new vibrational connection with even higher levels of divine energies. These levels consist of highly focused energies of pure thought and intention which produce "all of creation within our physical and non-physical reality." The Source Ray creates a resonant, energetic connection for you with this band of celestial energies...focusing on "lifting you further into the unfolding ascension process" that humans and Gaia are experiencing at this time. It is designed to stimulate and support you on your quest for a more perfected and ascended way of "being and doing" in your day-to-day experience.